

## 23rd J&amp;K UT ATHLETICS CHAMPIONSHIP-2025

\* JAMMU UNIVERSITY STADIUM, JAMMU \* 20th TO 21st DEC 2025 \*

\*~\*~\* FINAL RESULTS \*~\*~\*

**Event # 1 BOYS 14&UN Triathlon A**

Final						
1	209 AADITYA VERMA	209	19/03/12	JAMMU		1870
2	532 ZAHID TAHIR PADDER	532	15/08/12	SHOPIAN		1719
3	525 HARIS GULZAR	525	09/06/12	SHOPIAN		1053
4	170 ARSALAN SIDIQUE	170	13/07/12	BUDGAM		848

**Event # 2 BOYS 14&UN 60m IBTA 60m**

Final						
1	178 MUHAMMAD FAAIZ ZARGA	178	07/07/12	BUDGAM		8.72
2	465 SHAKIR AHMAD BHAT	465	04/04/11	PULWAMA		8.75
3	209 AADITYA VERMA	209	19/03/12	JAMMU		8.93
4	171 FARHAN BIN MOHI UD D	171	19/03/13	BUDGAM		9.18
5	594 TANISH VERMA	594	19/11/12	UDAMPUR		9.21
6	173 MAHIN MAJEED	173	10/10/12	BUDGAM		9.41
7	170 ARSALAN SIDIQUE	170	13/07/12	BUDGAM		9.57
8	525 HARIS GULZAR	525	09/06/12	SHOPIAN		9.79
9	179 MUSAIB SHOWKAT	179	01/10/12	BUDGAM		9.80
10	182 TAWHEED ALTAF	182	01/09/12	BUDGAM		10.01
11	181 SAQIB FAYAZ	181	18/03/12	BUDGAM		10.25
12	610 ABDUL ALIM	610		BUDGAM		11.76
13	532 ZAHID TAHIR PADDER	532	15/08/12	SHOPIAN		11.98
14	175 MOHD SALIM GANAIE	175	05/04/12	BUDGAM		12.08
15	166 ABDUL HADI WANI	166	12/04/12	BUDGAM		12.48

**Event # 3 BOYS 14&UN IBTA LJ**

Final						
1	532 ZAHID TAHIR PADDER	532	15/08/12	SHOPIAN		5.52m
2	209 AADITYA VERMA	209	19/03/12	JAMMU		5.10m
3	179 MUSAIB SHOWKAT	179	01/10/12	BUDGAM		4.30m
4	525 HARIS GULZAR	525	09/06/12	SHOPIAN		4.20m
5	171 FARHAN BIN MOHI UD D	171	19/03/13	BUDGAM		4.04m
6	465 SHAKIR AHMAD BHAT	465	04/04/11	PULWAMA		4.01m
7	173 MAHIN MAJEED	173	10/10/12	BUDGAM		4.00m
7	181 SAQIB FAYAZ	181	18/03/12	BUDGAM		4.00m
9	594 TANISH VERMA	594	19/11/12	UDAMPUR		3.93m
10	182 TAWHEED ALTAF	182	01/09/12	BUDGAM		3.84m
11	170 ARSALAN SIDIQUE	170	13/07/12	BUDGAM		3.50m
12	175 MOHD SALIM GANAIE	175	05/04/12	BUDGAM		2.63m
13	178 MUHAMMAD FAAIZ ZARGA	178	07/07/12	BUDGAM		2.01m
	166 ABDUL HADI WANI	166	12/04/12	BUDGAM		NM

**Event # 4 BOYS 14&UN IBTA HJ**

Final						
1	209 AADITYA VERMA	209	19/03/12	JAMMU		1.25m
1	532 ZAHID TAHIR PADDER	532	15/08/12	SHOPIAN		1.25m
	525 HARIS GULZAR	525	09/06/12	SHOPIAN		NM
	170 ARSALAN SIDIQUE	170	13/07/12	BUDGAM		NM

**Event # 5 BOYS 14&UN Triathlon B**

Final						
1	356 YUVRAJ SINGH	356	25/03/12	JAMMU		2817
2	460 MUSAVIR SHOWKAT	460	11/02/14	PULWAMA		1851
3	420 ZAID BIN FAYAZ	420	05/04/15	KULGAM		1744
4	462 NUMAN MUZAFFAR	462	24/12/11	PULWAMA		1642
5	461 NUMAN INTIZAR	461	07/06/14	PULWAMA		1629
6	467 SUHAIB SHABIR MIR	467	04/03/14	PULWAMA		1531
7	453 ARBAAZ FAROOQ	453	12/04/13	PULWAMA		1520
8	470 WANI FAISAL	470	14/05/13	PULWAMA		1402
9	459 MEHRAN MANZOOR MAGRE	459	12/12/12	PULWAMA		1380

10	455 FARHAN SHABIR	455	09/04/13	PULWAMA	1122
11	466 SINAN SAJAD	466	04/10/13	PULWAMA	1032
12	289 MUNTAHA KHA	289	13/09/13	JAMMU	574
13	392 AKASH THAKUR	392	28/08/12	KISHTWAR	562
<b>Event # 6 BOYS 14&amp;UN 60m IBTB 60m</b>					
<b>Final</b>					
1	356 YUVRAJ SINGH	356	25/03/12	JAMMU	7.80
2	420 ZAID BIN FAYAZ	420	05/04/15	KULGAM	8.66
3	460 MUSAVIR SHOWKAT	460	11/02/14	PULWAMA	8.91
4	461 NUMAN INTIZAR	461	07/06/14	PULWAMA	8.92
5	425 HUZAIF BHAT	425	03/03/12	KUPWARA	9.00
6	462 NUMAN MUZAFFAR	462	24/12/11	PULWAMA	9.06
7	453 ARBAAZ FAROOQ	453	12/04/13	PULWAMA	9.16
8	467 SUHAIB SHABIR MIR	467	04/03/14	PULWAMA	9.36
9	459 MEHRAN MANZOOR MAGRE	459	12/12/12	PULWAMA	9.52
10	470 WANI FAISAL	470	14/05/13	PULWAMA	9.87
11	455 FARHAN SHABIR	455	09/04/13	PULWAMA	10.13
12	251 ESHMEET SINGH	251	10/03/12	JAMMU	10.22
13	466 SINAN SAJAD	466	04/10/13	PULWAMA	10.36
14	392 AKASH THAKUR	392	28/08/12	KISHTWAR	11.52
15	289 MUNTAHA KHA	289	13/09/13	JAMMU	12.55
	160 SAQIB MUKHTAR	160	08/06/12	BARAMULA	DNS
<b>Event # 7 BOYS 14&amp;UN IBTB LJ</b>					
<b>Final</b>					
1	356 YUVRAJ SINGH	356	25/03/12	JAMMU	5.53m
2	460 MUSAVIR SHOWKAT	460	11/02/14	PULWAMA	4.60m
3	420 ZAID BIN FAYAZ	420	05/04/15	KULGAM	4.23m
4	470 WANI FAISAL	470	14/05/13	PULWAMA	4.21m
5	467 SUHAIB SHABIR MIR	467	04/03/14	PULWAMA	4.20m
6	461 NUMAN INTIZAR	461	07/06/14	PULWAMA	4.09m
7	462 NUMAN MUZAFFAR	462	24/12/11	PULWAMA	4.03m
8	251 ESHMEET SINGH	251	10/03/12	JAMMU	3.84m
9	425 HUZAIF BHAT	425	03/03/12	KUPWARA	3.78m
10	453 ARBAAZ FAROOQ	453	12/04/13	PULWAMA	3.60m
11	459 MEHRAN MANZOOR MAGRE	459	12/12/12	PULWAMA	3.47m
12	455 FARHAN SHABIR	455	09/04/13	PULWAMA	3.44m
13	392 AKASH THAKUR	392	28/08/12	KISHTWAR	3.20m
14	466 SINAN SAJAD	466	04/10/13	PULWAMA	3.15m
15	289 MUNTAHA KHA	289	13/09/13	JAMMU	2.39m
<b>Event # 8 BOYS 14&amp;UN IBTB SP</b>					
<b>Final</b>					
1	356 YUVRAJ SINGH	356	25/03/12	JAMMU	14.92m
2	453 ARBAAZ FAROOQ	453	12/04/13	PULWAMA	11.22m
3	459 MEHRAN MANZOOR MAGRE	459	12/12/12	PULWAMA	10.78m
4	462 NUMAN MUZAFFAR	462	24/12/11	PULWAMA	10.43m
5	460 MUSAVIR SHOWKAT	460	11/02/14	PULWAMA	9.90m
6	420 ZAID BIN FAYAZ	420	05/04/15	KULGAM	9.40m
7	461 NUMAN INTIZAR	461	07/06/14	PULWAMA	9.35m
8	466 SINAN SAJAD	466	04/10/13	PULWAMA	8.78m
9	467 SUHAIB SHABIR MIR	467	04/03/14	PULWAMA	8.60m
10	455 FARHAN SHABIR	455	09/04/13	PULWAMA	8.25m
11	470 WANI FAISAL	470	14/05/13	PULWAMA	7.87m
12	289 MUNTAHA KHA	289	13/09/13	JAMMU	6.02m
	392 AKASH THAKUR	392	28/08/12	KISHTWAR	NM

<b>Event # 9 BOYS 14&amp;UN Triathlon C</b>						
<b>Final</b>						
1	140 MEHRAN IRSHAD DAR	140	15/11/13	BARAMULA	1488	
2	203 MUSLIM AHMAD BOKHDA	203	06/05/13	GANDERBAL	1444	
3	407 SAWAN KUMAR	407	04/05/13	KISHTWAR	1385	
4	472 ZEESHAN HUSSAIN	472	11/03/13	PULWAMA	1374	
5	573 PRABAL SAINI	573	11/11/12	UDAMPUR	1201	
6	271 KANAN RUDRANSH SINGH	271	14/02/12	JAMMU	913	
7	323 SANCHAY SANGOTRA	323	26/07/13	JAMMU	810	
<b>Event # 10 BOYS 14&amp;UN 60m IBTC 60m</b>						
<b>Final</b>						
1	472 ZEESHAN HUSSAIN	472	11/03/13	PULWAMA	8.66	
2	407 SAWAN KUMAR	407	04/05/13	KISHTWAR	8.74	
3	140 MEHRAN IRSHAD DAR	140	15/11/13	BARAMULA	8.78	
4	554 ARTH SURYAVANSHI	554	15/02/10	UDAMPUR	8.92	
5	145 MUZAMIL AHMAD DAR	145	31/12/12	BARAMULA	9.12	
6	391 AGESTIYA SHAN	391	13/05/14	KISHTWAR	9.14	
7	203 MUSLIM AHMAD BOKHDA	203	06/05/13	GANDERBAL	9.18	
8	573 PRABAL SAINI	573	11/11/12	UDAMPUR	9.20	
9	444 MOHD ASIF	444	01/08/13	POONCH	9.22	
10	271 KANAN RUDRANSH SINGH	271	14/02/12	JAMMU	9.28	
11	180 RATIB ASLAM	180	08/07/12	BUDGAM	9.54	
12	526 MOHSIN MAQBOOL PARRA	526	06/03/11	SHOPIAN	9.92	
13	167 AHTAZAZ AHMAD QURASH	167	08/01/14	BUDGAM	10.15	
14	323 SANCHAY SANGOTRA	323	26/07/13	JAMMU	10.19	
15	168 AREEB QAYOOM	168	15/03/13	BUDGAM	10.37	
16	169 ARSALAN AHMAD DAR	169	28/02/13	BUDGAM	11.52	
	481 MOHD ASIF	481	31/03/13	RAJORI	DNS	
	488 TYAIB KABIR	488	20/01/13	RAJORI	DNS	
	159 SAQIB ALTAF	159	10/04/12	BARAMULA	DNS	
	518 SHUBHRANSH KHAJURIA	518	17/04/12	SAMBA	DNS	
<b>Event # 11 BOYS 14&amp;UN IBTC LJ</b>						
<b>Final</b>						
1	391 AGESTIYA SHAN	391	13/05/14	KISHTWAR	5.30m	
2	203 MUSLIM AHMAD BOKHDA	203	06/05/13	GANDERBAL	4.70m	
3	145 MUZAMIL AHMAD DAR	145	31/12/12	BARAMULA	4.47m	
4	472 ZEESHAN HUSSAIN	472	11/03/13	PULWAMA	4.45m	
5	140 MEHRAN IRSHAD DAR	140	15/11/13	BARAMULA	4.35m	
6	573 PRABAL SAINI	573	11/11/12	UDAMPUR	4.31m	
7	407 SAWAN KUMAR	407	04/05/13	KISHTWAR	4.20m	
8	444 MOHD ASIF	444	01/08/13	POONCH	4.00m	
9	168 AREEB QAYOOM	168	15/03/13	BUDGAM	3.77m	
10	323 SANCHAY SANGOTRA	323	26/07/13	JAMMU	3.67m	
11	526 MOHSIN MAQBOOL PARRA	526	06/03/11	SHOPIAN	3.60m	
12	271 KANAN RUDRANSH SINGH	271	14/02/12	JAMMU	3.53m	
13	167 AHTAZAZ AHMAD QURASH	167	08/01/14	BUDGAM	3.26m	
14	169 ARSALAN AHMAD DAR	169	28/02/13	BUDGAM	3.16m	
15	180 RATIB ASLAM	180	08/07/12	BUDGAM	2.77m	
<b>Event # 12 BOYS 14&amp;UN 600m IBTC 600</b>						
<b>Final</b>						
1	140 MEHRAN IRSHAD DAR	140	15/11/13	BARAMULA	1:48.82	
2	407 SAWAN KUMAR	407	04/05/13	KISHTWAR	1:52.80	
3	203 MUSLIM AHMAD BOKHDA	203	06/05/13	GANDERBAL	1:55.05	
4	554 ARTH SURYAVANSHI	554	15/02/10	UDAMPUR	2:07.99	
5	323 SANCHAY SANGOTRA	323	26/07/13	JAMMU	2:08.67	
6	271 KANAN RUDRANSH SINGH	271	14/02/12	JAMMU	2:14.31	
7	573 PRABAL SAINI	573	11/11/12	UDAMPUR	2:19.14	
8	472 ZEESHAN HUSSAIN	472	11/03/13	PULWAMA	2:36.76	

<b>Event # 14 BOYS 16&amp;UN 100m</b>						
<b>Final</b>						
1	482 MOMIN MIRZA	482	25/03/10	RAJORI	11.82	
2	357 YUVRAJ SINGH JAREDA	357	02/10/10	JAMMU	12.18	
3	574 RAGHAV MANHAS	574	28/10/10	UDAMPUR	12.36	
4	409 SUJAL SHAN	409	22/03/10	KISHTWAR	12.64	
5	563 KAVY SANGWAN	563	26/11/10	UDAMPUR	12.74	
6	597 VANSH SHARMA	597	18/12/25	UDAMPUR	12.77	
7	195 NITISH KUMAR	195	01/09/10	DODA	13.03	
8	346 VANSH CHOUDHARY	346	30/10/10	JAMMU	13.05	
<b>Round-1</b>						
1	482 MOMIN MIRZA	482	25/03/10	RAJORI	12.06	
2	357 YUVRAJ SINGH JAREDA	357	02/10/10	JAMMU	12.26	
3	409 SUJAL SHAN	409	22/03/10	KISHTWAR	12.48	
4	574 RAGHAV MANHAS	574	28/10/10	UDAMPUR	12.58	
5	563 KAVY SANGWAN	563	26/11/10	UDAMPUR	12.78	
6	597 VANSH SHARMA	597	18/12/25	UDAMPUR	12.92	
7	346 VANSH CHOUDHARY	346	30/10/10	JAMMU	13.01	
8	195 NITISH KUMAR	195	01/09/10	DODA	13.15	
9	225 AKHIL KUMAR	225	11/11/11	JAMMU	13.18	
10	267 JATIN KUMAR	267	06/12/10	JAMMU	13.48	
11	415 IFHAAM FAYAZ	415	20/05/12	KULGAM	13.66	
12	240 AYAAN PANDOH	240	16/09/11	JAMMU	13.71	
13	607 HARKHUD SHARMA	607		JAMMU	13.77	
14	431 NUMAN HILAL	431	16/03/11	KUPWARA	13.85	
15	684 ZYZOHAIV	684		SRINAGAR	13.96	
16	414 FAIZAN FAYAZ	414	10/04/10	KULGAM	13.98	
17	372 JAIPREET SINGH	372	07/03/11	KATHUA	14.00	
18	424 DANISH BASHIR WANI	424	01/04/10	KUPWARA	14.10	
19	464 SHAHID FAYAZ	464	15/05/10	PULWAMA	14.12	
20	421 AAKASH FAROOQ MIR	421	04/05/09	KUPWARA	14.15	
21	374 KRISHNA SHARMA	374	02/02/10	KATHUA	14.19	
22	512 ADHYAN CHALOTRA	512	17/08/11	SAMBA	14.20	
23	520 ARFAT AYOUB DAR	520	04/05/09	SHOPIAN	14.34	
24	320 SAHEZ PREET SINGH	320	19/10/11	JAMMU	14.37	
25	164 ZAKIR AHMAD DAR	164	28/06/10	BARAMULA	14.73	
26	172 FAZIL FEROZ	172	02/02/11	BUDGAM	14.75	
27	691 MADHAV	691		UDAMPUR	14.84	
28	232 ARUN SINGH CHIB	232	17/10/11	JAMMU	15.02	
29	327 SARTHAK CHANYAL	327	22/09/10	JAMMU	15.09	
30	536 AYAN AYOUB	536	10/08/11	SRINAGAR	15.55	
31	543 TOUSEEF UR REHMAN	543	13/08/11	SRINAGAR	15.61	
32	687 MUZAMIL	687		BARAMULA	15.67	
33	452 ADNAN AHMAD BHAT	452	18/04/10	PULWAMA	15.72	
34	535 ARHAN SHOWKAT	535	09/06/11	SRINAGAR	15.80	
35	150 QAZI SYED SARIM	150	29/04/11	BARAMULA	15.88	
36	419 UBAID ZAHOR MALIK	419	05/04/10	KULGAM	15.99	
37	450 TARIQ CHOUDHARY	450	01/01/12	POONCH	16.19	
	449 SHOIEB YOUNIS	449	30/10/10	POONCH	DNS	
	128 ARIF HAMEED BHAT	128	25/10/11	BARAMULA	DNS	
<b>Event # 16 BOYS 16&amp;UN 600m</b>						
<b>Final</b>						
1	198 SHAZ ALI MIR	198	02/03/10	DODA	1:33.25	
2	445 MOHD SHAMOON	445	15/02/11	POONCH	1:34.59	
3	501 RAHIL MANHAS	501	01/08/10	REASI	1:36.28	
4	402 MOHD. IRFAN	402	03/08/10	KISHTWAR	1:36.71	
5	584 SOURABH SHARMA	584	19/05/10	UDAMPUR	1:36.74	
6	599 YUVRAJ SINGH	599	17/01/10	UDAMPUR	1:37.08	
7	157 SALMAN AUSHAQ	157	15/08/11	BARAMULA	1:37.89	
8	165 ZOHAIB AHMAD BHAT	165	03/03/10	BARAMULA	1:37.90	
9	267 JATIN KUMAR	267	06/12/10	JAMMU	1:37.91	

10	128 ARIF HAMEED BHAT	128	25/10/11	BARAMULA	1:42.20
11	396 ARPIT KUMAR	396	29/06/10	KISHTWAR	1:42.42
12	346 VANSH CHOUDHARY	346	30/10/10	JAMMU	1:44.59
13	199 VIJAY PARTAP SINGH	199	20/02/11	DODA	1:45.34
14	365 DEVANSH RAGHUVANSHI	365	21/07/11	KATHUA	1:47.79
15	431 NUMAN HILAL	431	16/03/11	KUPWARA	1:47.94
16	373 JITESHMANHOTRA	373	12/07/11	KATHUA	1:53.10
17	562 KANEEL SINGH	562	23/06/11	UDAMPUR	1:53.42
18	552 AMAN DEV SINGH	552	27/02/10	UDAMPUR	1:53.50
19	156 SAHIL AHMAD DAR	156	05/01/11	BARAMULA	1:55.11
20	378 RISHAV RAGHUBANSHI	378	06/08/11	KATHUA	1:55.39
21	222 ADITYA MANHAS	222	15/01/12	JAMMU	1:56.88
22	424 DANISH BASHIR WANI	424	01/04/10	KUPWARA	1:59.52
23	555 ARTH SURYAVANSHI	555	15/02/10	UDAMPUR	2:02.31
24	549 AKARSH SHARMA	549	03/08/10	UDAMPUR	2:02.40
25	408 SOHAL THAKUR	408	02/10/10	KISHTWAR	2:07.66
26	452 ADNAN AHMAD BHAT	452	18/04/10	PULWAMA	2:08.05
27	681 681	681		UDAMPUR	2:08.20
28	372 JAIPREET SINGH	372	07/03/11	KATHUA	2:09.07
29	565 MADHAV SHARMA	565	20/09/10	UDAMPUR	2:09.80
30	131 ATHER AJAZ DAR	131	17/05/10	BARAMULA	2:13.94
31	135 IHTISHAM AASHIQ	135	07/06/10	BARAMULA	2:18.18
32	164 ZAKIR AHMAD DAR	164	28/06/10	BARAMULA	2:22.80
33	696 RUDDRAKSH KHANAA	696		JAMMU	2:22.95
34	262 HRITESH TICKOO	262	21/12/10	JAMMU	2:24.07
35	508 SHUBHAM SINGH	508	03/03/11	REASI	2:26.27
36	541 SAQIB SHAFI	541	14/09/10	SRINAGAR	2:27.12
37	146 MUZAMIL MANZOOR	146	25/08/10	BARAMULA	2:29.96
38	217 ABISH CHOUDHARY	217	02/02/10	JAMMU	2:31.53
39	712 712	712		UDAMPUR	3:12.34
<b>Event # 18 BOYS 16&amp;UN High Jump</b>					
<b>Final</b>					
1	258 GURVEER SINGH	258	01/07/11	JAMMU	1.48m
2	223 ADVIK JYOTI KUMAR	223	26/11/11	JAMMU	1.45m
3	349 VIKAS	349	10/10/10	JAMMU	1.40m
<b>Event # 19 BOYS 16&amp;UN Long Jump</b>					
<b>Final</b>					
1	409 SUJAL SHAN	409	22/03/10	KISHTWAR	5.52m
2	574 RAGHAV MANHAS	574	28/10/10	UDAMPUR	5.36m
3	706 RAHIL MANHAS	706		REASI	5.26m
4	690 SALMAN AUSHAQ	690		BARAMULA	5.21m
5	421 AAKASH FAROOQ MIR	421	04/05/09	KUPWARA	5.06m
6	563 KAVY SANGWAN	563	26/11/10	UDAMPUR	5.02m
7	349 VIKAS	349	10/10/10	JAMMU	5.00m
8	512 ADHYAN CHALOTRA	512	17/08/11	SAMBA	4.87m
9	403 NISHAT KUMAR	403	31/03/09	KISHTWAR	4.70m
10	111 SAHIL HILAL SHEIKH	111	14/02/10	ANANTNAG	4.69m
11	199 VIJAY PARTAP SINGH	199	20/02/11	DODA	4.56m
12	698 FAIZAL FAYAZ	698		KULGAM	4.53m
13	297 NITISH SINGH	297	20/08/11	JAMMU	4.48m
14	396 ARPIT KUMAR	396	29/06/10	KISHTWAR	4.47m
15	557 BABLU KUMAR	557	11-12-10	UDAMPUR	4.41m
16	424 DANISH BASHIR WANI	424	01/04/10	KUPWARA	4.12m
17	355 YUGANT SHARMA	355	27/03/11	JAMMU	3.90m
18	374 KRISHNA SHARMA	374	02/02/10	KATHUA	3.74m
<b>Event # 20 BOYS 16&amp;UN Shot Put</b>					
<b>Final</b>					
1	686 ARIF AHMED	686		BARAMULA	11.00m
2	247 DHANANJAY SHARMA	247	07/11/11	JAMMU	10.74m
3	257 GURPREET SINGH	257	26/01/11	JAMMU	9.97m

4	258 GURVEER SINGH	258		01/07/11	JAMMU		9.44m
5	527 MOHSIN NAZIR	527		04/02/10	SHOPIAN		9.09m
6	522 DANISH FIRDOUS	522		02/10/09	SHOPIAN		9.08m
	516 MEDANSH CHOUDHARY	516		17/08/11	SAMBA		NM
	147 MUZAMIL ZAHOOR	147		05/01/11	BARAMULA		NM
	561 GURSIMRAN SINGH	561		30/06/09	UDAMPUR		NM
	438 CH MOHD SHARAFAT	438		01/01/11	POONCH		NM
	528 MUNEEB GOWHER	528		10/03/10	SHOPIAN		NM
	538 MOHAMMED HANAF BHAT	538		19/11/14	SRINAGAR		NM
	259 HADEED MALIK	259		15/04/11	JAMMU		NM
	<b>Event # 21 BOYS 16&amp;UN Javelin Throw</b>						
	<b>Final</b>						
1	665 SAYED FAIEZ KIRMANI	665			JAMMU		43.88m
2	714 YUVRAJ SINGH	714			UDAMPUR		33.78m
3	666 AKHIL KUMAR	666			JAMMU		23.80m
4	539 MOHD MUNTAZIM	539		23/02/10	SRINAGAR		22.70m
5	164 ZAKIR AHMAD DAR	164		28/06/10	BARAMULA		21.50m
6	545 ZEHRAN SHAMIM	545		05/09/11	SRINAGAR		17.71m
	<b>Event # 218 BOYS 16&amp;UN 4x100m Relay</b>						
	<b>Final</b>						
1	RAJORI A				RAJORI		51.65
482	482 MOMIN MIRZA	03-25-2010	354	354 WAJID ALI	12-07-2008		
665	6 SAYED FAIEZ KIRMA		198	198 SHAZ ALI MIR	03-02-2010		
2	KISHTWAR A				KISHTWAR		52.82
409	409 SUJAL SHAN	03-22-2010	195	195 NITISH KUMAR	09-01-2010		
396	396 ARPIT KUMAR	06-29-2010	402	402 MOHD. IRFAN	08-03-2010		
3	JAMMU A				JAMMU		58.31
327	3 SARTHAK CHANYAL	09-22-2010	696	6 RUDDRAKSH KHANAA			
217	2 ABISH CHOUDHARY	02-02-2010	258	258 GURVEER SINGH	07-01-2011		
4	UDAMPUR A				UDAMPUR		58.60
	DODA A				DODA		DQ
196	196 SHAIL HUSSAIN	02-25-2008	197	197 SHARIM HUSSAIN	06-09-2008		
557	557 BABLU KUMAR	12-11-2010	184	184 ABU QASIM	10-16-2008		
	<b>Event # 28 BOYS 18&amp;UN 100m</b>						
	<b>Final</b>						
1	485 PARTAP SINGH	485		01-10-09	RAJORI		11.03
2	331 SIDHARTH DOGRA	331		17/03/08	JAMMU		11.61
3	517 MUKUND KATAL	517		23/12/09	SAMBA		11.94
4	483 NIKHIL SHARMA	483		01/01/08	RAJORI		12.11
5	709 MD SHOAIB KHAN	709			RAJORI		12.14
6	184 ABU QASIM	184		10-16-08	DODA		12.53
7	155 SADAQAT QAYOOM	155		15/08/08	BARAMULA		12.80
	286 MOHIT SHARMA	286		21/04/08	JAMMU		DNS
	<b>Round-1</b>						
1	485 PARTAP SINGH	485		01-10-09	RAJORI		11.47
2	331 SIDHARTH DOGRA	331		17/03/08	JAMMU		11.72
3	517 MUKUND KATAL	517		23/12/09	SAMBA		11.84
4	483 NIKHIL SHARMA	483		01/01/08	RAJORI		11.89
5	709 MD SHOAIB KHAN	709			RAJORI		12.07
6	286 MOHIT SHARMA	286		21/04/08	JAMMU		12.36
7	184 ABU QASIM	184		10-16-08	DODA		12.54
8	155 SADAQAT QAYOOM	155		15/08/08	BARAMULA		12.68
9	711 MUSTAFAFEED MALIK	711			JAMMU		12.76
10	290 NAMAN THAPPA	290		26/11/08	JAMMU		12.78
11	208 AADIL KHOKHER	208		12/09/08	JAMMU		12.84
12	211 AASHRAY VERMA	211		17/10/08	JAMMU		12.99
13	534 ANEEM REZA	534		01/06/09	SRINAGAR		13.05
14	591 SUNIL SINGH	591		15/04/08	UDAMPUR		13.17
15	315 RIGVEID SINGH	315		12/06/09	JAMMU		13.37

16	292 NIKHIL KUMAR	292	18/09/08	JAMMU	13.49
17	158 SALMAN KHAZIR TALIE	158	08/02/08	BARAMULA	13.54
18	176 MUBASHIR FAYAZ	176	22/01/08	BUDGAM	13.62
19	177 MUDASIR REHMAN	177	29/03/09	BUDGAM	13.98
20	190 FASIL RAFI	190	15/02/09	DODA	14.04
20	412 ABDUL BASIT GANIE	412	15/09/09	KULGAM	14.04
22	133 FAIZAN BASHIR	133	16/10/09	BARAMULA	14.22
23	174 MANSOOR AHMAD	174	03/03/10	BUDGAM	17.65
	386 SHUVAM KUMAR	386	16/02/08	KATHUA	DQ
	463 SALIK MANZOOR	463	07/07/07	PULWAMA	DNS
	213 ABHAY KUMAR	213	06/01/10	JAMMU	DNS
<b>Event # 30 BOYS 18&amp;UN 200m</b>					
<b>Final</b>					
1	485 PARTAP SINGH	485	01-10-09	RAJORI	23.01
2	331 SIDHARTH DOGRA	331	17/03/08	JAMMU	23.87
3	483 NIKHIL SHARMA	483	01/01/08	RAJORI	24.35
4	386 SHUVAM KUMAR	386	16/02/08	KATHUA	24.39
5	224 AKASH CHOUDHARY	224	28/10/07	JAMMU	25.49
6	446 NAZAKAT HUSSAIN	446	06/04/08	POONCH	25.72
7	184 ABU QASIM	184	10-16-08	DODA	26.16
8	517 MUKUND KATAL	517	23/12/09	SAMBA	26.42
<b>Event # 31 BOYS 18&amp;UN 200m</b>					
<b>Round-1</b>					
1	485 PARTAP SINGH	485	01-10-09	RAJORI	23.71
2	483 NIKHIL SHARMA	483	01/01/08	RAJORI	24.35
3	331 SIDHARTH DOGRA	331	17/03/08	JAMMU	24.53
4	446 NAZAKAT HUSSAIN	446	06/04/08	POONCH	24.58
5	386 SHUVAM KUMAR	386	16/02/08	KATHUA	24.67
6	517 MUKUND KATAL	517	23/12/09	SAMBA	25.28
7	224 AKASH CHOUDHARY	224	28/10/07	JAMMU	25.48
8	184 ABU QASIM	184	10-16-08	DODA	26.35
9	427 KAISAR AHMAD GANIE	427	25/09/08	KUPWARA	27.57
10	143 MOOMIN MOHI U DIN	143	06/03/09	BARAMULA	28.16
11	291 NEERAJ NANDAN	291	15/04/09	JAMMU	33.74
	290 NAMAN THAPPA	290	26/11/08	JAMMU	DNS
	307 RAGHAV SINGH	307	27/10/08	JAMMU	DNS
	149 PERVAIZ LATEEF	149	05/07/08	BARAMULA	DNS
	238 ASHMEET ANGRAL	238	27/10/09	JAMMU	DNS
	534 ANEEM REZA	534	01/06/09	SRINAGAR	DNS
	533 ADNAN GULZAR	533	03/02/07	SRINAGAR	DNS
	382 SAVANDEEP SINGH	382	15/02/09	KATHUA	DNS
	591 SUNIL SINGH	591	15/04/08	UDAMPUR	DNS
	399 AYUSH ARYAN	399	14/05/09	KISHTWAR	DNS
<b>Event # 32 BOYS 18&amp;UN 400m</b>					
<b>Final</b>					
1	446 NAZAKAT HUSSAIN	446	06/04/08	POONCH	53.09
2	440 IFRAZ AHMED CHOUDHAR	440	31/03/08	POONCH	54.79
3	354 WAJID ALI	354	07/12/08	JAMMU	54.88
4	274 KARTIK SINGH	274	25/04/08	JAMMU	1:00.92
5	196 SHAIL HUSSAIN	196	02-25-08	DODA	1:22.13
	713 ADIL YOUSUF	713		BANDIPORE	DNS
	601 ZAHEER CHAUDHARY	601		JAMMU	DNS
	603 VANSH SHARMA	603		KATHUA	DNS
<b>Round-1</b>					
1	446 NAZAKAT HUSSAIN	446	06/04/08	POONCH	54.35
2	354 WAJID ALI	354	07/12/08	JAMMU	54.79
3	440 IFRAZ AHMED CHOUDHAR	440	31/03/08	POONCH	55.30
4	274 KARTIK SINGH	274	25/04/08	JAMMU	1:01.28
5	601 ZAHEER CHAUDHARY	601		JAMMU	1:03.09
6	713 ADIL YOUSUF	713		BANDIPORE	1:04.92

7	603 VANSH SHARMA	603			KATHUA		1:07.19
8	196 SHAIL HUSSAIN	196		02-25-08	DODA		1:08.04
9	442 IMRAN NAZIR	442		08/03/09	POONCH		1:13.87
10	154 REHAN FAROOQ	154		16/08/08	BARAMULA		1:15.49
11	152 RAHID RAMZAN BHAT	152		25/10/08	BARAMULA		1:19.30
12	197 SHARIM HUSSAIN	197		09-06-08	DODA		1:26.93
	306 RAGHAV MISHRA	306		01/10/07	JAMMU		DNF
	118 AADIL YOUSUF SHEIKH	118		15/10/07	BANDIPORE		DNF
	<b>Event # 216 BOYS 18&amp;UN 800m</b>						
	<b>Final</b>						
1	205 RIZWAAN HASSAN BHAT	205		25/03/10	GANDERBAL		2:07.52
2	206 SHAHID REYAZ	206		11/05/09	GANDERBAL		2:12.10
3	704 ARYAN SHARMA	704			RAJORI		2:12.54
4	489 VIHAAN PRATAP SINGH	489		22/02/09	RAJORI		2:15.87
5	447 NISHAD AHMED	447		07/09/08	POONCH		2:24.32
6	300 PARKASH CHANDER	300		21/01/09	JAMMU		2:24.81
7	358 AJAY KUMAR	358		10/03/08	KATHUA		2:25.42
8	595 TARUN SHARMA	595		16/08/08	UDAMPUR		2:25.99
9	268 JOGESH MAJOTRA	268		12/05/08	JAMMU		2:28.04
10	343 SURJAN CHOUDHARY	343		27/02/09	JAMMU		2:30.74
11	676 RITIK SHARMA	676			RAJORI		2:37.49
12	364 DEEP KUMAR	364		20/04/06	KATHUA		2:41.32
13	363 DARSHAN KUMAR	363		03/01/09	KATHUA		2:53.62
14	233 ARYAN	233		25/08/09	JAMMU		2:55.22
15	154 REHAN FAROOQ	154		16/08/08	BARAMULA		2:57.45
16	151 RAHAT BILAL DAR	151		03/11/09	BARAMULA		3:49.58
17	502 ROHIT SINGH	502		03/04/09	REASI		3:49.89
	107 MONIS FAYAZ	107		10/04/08	ANANTNAG		DNS
	354 WAJID ALI	354		07/12/08	JAMMU		DNS
	397 ARVIND PARIHAR	397		13/06/09	KISHTWAR		DNS
	<b>Event # 33 BOYS 18&amp;UN 1000m</b>						
	<b>Final</b>						
1	205 RIZWAAN HASSAN BHAT	205		25/03/10	GANDERBAL		2:46.38
2	206 SHAHID REYAZ	206		11/05/09	GANDERBAL		2:48.22
3	497 ARYAN SHARMA	497		20/01/09	REASI		2:48.47
4	478 KARAN SHARMA	478		18/04/09	RAJORI		2:53.84
5	441 IMRAN AHMED	441		01/04/08	POONCH		3:00.56
6	447 NISHAD AHMED	447		07/09/08	POONCH		3:02.15
7	492 ROHAN LIYAKAT	492		24/10/07	RAMBAN		3:02.89
8	300 PARKASH CHANDER	300		21/01/09	JAMMU		3:03.20
9	439 HAROON KHALIL	439		01/04/09	POONCH		3:03.95
10	369 HAREESH SINGH	369		04/03/08	KATHUA		3:06.40
11	366 GAGAN KUMAR	366		27/01/07	KATHUA		3:07.93
12	363 DARSHAN KUMAR	363		03/01/09	KATHUA		3:08.08
13	358 AJAY KUMAR	358		10/03/08	KATHUA		3:09.35
14	595 TARUN SHARMA	595		16/08/08	UDAMPUR		3:15.36
15	130 ASIF RASHID TELI	130		24/05/08	BARAMULA		3:23.27
16	390 VIBESHASY RAGHUBANSH	390		28/09/09	KATHUA		3:24.01
17	436 AMJAD LATIEF	436		11/05/09	POONCH		3:34.92
18	144 MUSHARAF AFGHAN	144		15/06/08	BARAMULA		3:38.17
19	228 ANSHUL SHARMA	228		18/06/09	JAMMU		3:42.60
20	433 SYED MOHSIN MUSHTAQ	433		21/04/08	KUPWARA		3:48.81
21	235 ARYAN KUMAR	235		20/04/08	JAMMU		3:55.16
	<b>Event # 35 BOYS 18&amp;UN High Jump</b>						
	<b>Final</b>						
1	105 ISHTIYAQ AHMAD GOJAR	105		17/05/09	ANANTNAG		1.45m
2	551 AKSHAR BHAU	551		14/07/09	UDAMPUR		1.40m
3	415 IFHAAM FAYAZ	415		20/05/12	KULGAM		1.40m

<b>Event # 36 BOYS 18&amp;UN Long Jump</b>							
<b>Final</b>							
1	514 DIGVIJAY SINGH	514		12/09/08	SAMBA		6.25m
2	329 SAYED FAIEZ KIRMANI	329		01/01/10	JAMMU		6.02m
3	341 SURAJ KUMAR	341		12/10/08	JAMMU		5.95m
4	709 MD SHOAB KHAN	709			RAJORI		5.83m
5	427 KAISAR AHMAD GANIE	427		25/09/08	KUPWARA		5.72m
6	285 MOHD ZAHEER CHOUDHAR	285		26/01/08	JAMMU		5.55m
7	238 ASHMEET ANGRAL	238		27/10/09	JAMMU		5.53m
8	309 RAGHUVINDER SINGH	309		12/01/08	JAMMU		5.51m
9	551 AKSHAR BHAI	551		14/07/09	UDAMPUR		5.29m
10	307 RAGHAV SINGH	307		27/10/08	JAMMU		4.96m
11	362 AVINANDAN SHARMA	362		17/08/09	KATHUA		4.91m
12	228 ANSHUL SHARMA	228		18/06/09	JAMMU		4.47m
13	403 NISHAT KUMAR	403		31/03/09	KISHTWAR		4.40m
14	293 NIRBHAY THAPPA	293		03/01/09	JAMMU		3.77m
	318 SACHIN CHIB	318		12/10/08	JAMMU		DNS
	172 FAZIL FEROZ	172		02/02/11	BUDGAM		DNS
	112 SALIK SAJAD	112		07/07/08	ANANTNAG		NM
<b>Event # 37 BOYS 18&amp;UN Shot Put</b>							
<b>Final</b>							
1	114 SYED MUSAIB	114		18/07/09	ANANTNAG		11.95m
2	202 MUHIB FAROOQ GANIE	202		09/10/09	GANDERBAL		10.28m
3	188 ASIF SHAIKH	188		25/07/08	DODA		9.95m
<b>Event # 38 BOYS 18&amp;UN Discus Throw</b>							
<b>Final</b>							
1	351 VISHAV PARTAP SINGH	351		20/12/08	JAMMU		37.27m
2	117 ZUHAIB HASSAN PARRY	117		03/05/08	ANANTNAG		30.10m
3	193 MAHI MAAN PARIHAR	193		06/05/09	DODA		27.18m
4	286 MOHIT SHARMA	286		21/04/08	JAMMU		24.80m
5	237 ARYAN THAPA	237		25/12/08	JAMMU		21.18m
	405 RITISH BHATIA	405		10/06/08	KISHTWAR		NM
<b>Event # 39 BOYS 18&amp;UN Javelin Throw</b>							
<b>Final</b>							
1	252 GAURAV SHARMA	252		08/04/08	JAMMU		45.70m
2	443 MOHAMMAD SAQIB	443		01/09/10	POONCH		40.16m
3	117 ZUHAIB HASSAN PARRY	117		03/05/08	ANANTNAG		38.03m
4	109 OWAIS MUZAFAR KHAN	109		09/10/08	ANANTNAG		38.01m
5	277 KRISHNA SAINI Q	277		12/11/09	JAMMU		37.26m
6	423 BILAL AHMAD HAJAM	423		03/03/09	KUPWARA		32.70m
7	151 RAHAT BILAL DAR	151		03/11/09	BARAMULA		31.50m
8	291 NEERAJ NANDAN	291		15/04/09	JAMMU		19.30m
<b>Event # 219 BOYS 18&amp;UN 4x100m Relay</b>							
<b>Final</b>							
1	JAMMU A				JAMMU		47.64
514	514 DIGVIJAY SINGH	09-12-2008	517	517 MUKUND KATAL	12-23-2009		
386	386 SHUVAM KUMAR	02-16-2008	331	331 SIDHARTH DOGRA	03-17-2008		
2	POONCH A				POONCH		48.20
446	4 NAZAKAT HUSSAIN	04-06-2008	354	354 WAJID ALI	12-07-2008		
440	4 IFRAZ AHMED CHOUD	03-31-2008	241	2 BALWINDER SINGH	05-27-1997		
3	UDAMPUR A				UDAMPUR		50.41
558	5 BALVINDER SINGH	04-02-2003	563	563 KAVY SANGWAN	11-26-2010		
714	714 YUVRAJ SINGH		597	597 VANSI SHARMA	12-18-2025		
4	SAMBA A				SAMBA		52.31

<b>Event # 48 BOYS 20&amp;UN 100m</b>						
<b>Final</b>						
1	311 RAKSHAM MATTU	311	10-07-06	JAMMU		11.04
2	430 LUBAID BASHIR	430	20/04/07	KUPWARA		12.45
3	183 UMAR FAROOQ WANI	183	02/05/07	BUDGAM		12.70
4	214 ABHIKASH SINGH	214	20/08/07	JAMMU		13.51
5	308 RAGHAV SLATHIA	308	22/10/06	JAMMU		14.45
6	345 TANVIR SINGH	345	09/08/06	JAMMU		15.69
	456 FURQAN MANZOOR	456	21/02/03	PULWAMA		DNS
	395 ANZAR HUSSAIN	395	04/06/07	KISHTWAR		DNS
<b>Event # 50 BOYS 20&amp;UN 200m</b>						
<b>Final</b>						
1	311 RAKSHAM MATTU	311	10-07-06	JAMMU		22.45
2	669 RABINDER KUMAR	669		JAMMU		24.90
3	707 KAUSHAL BHAGAT	707		JAMMU		25.39
4	263 ISHANT CHOUDHARY	263	23/03/07	JAMMU		25.69
5	248 DISHANT RADHA	248	13/05/07	JAMMU		28.46
6	417 MAJID RASOOL	417	28/02/03	KULGAM		29.89
<b>Event # 51 BOYS 20&amp;UN 400m</b>						
<b>Final</b>						
1	703 RAVINDRA	703		JAMMU		57.18
2	384 SHAKTI CHANDAL	384	22/12/07	KATHUA		1:00.17
3	242 BUM BUM KUMAR JHA	242	02/09/07	JAMMU		1:03.65
4	521 BASHARAT HAMEED	521	08/09/07	SHOPIAN		1:12.67
5	192 JHANZAIB WANI	192	01/03/06	DODA		1:18.12
	568 MANJEET SINGH	568	12/07/07	UDAMPUR		DNS
<b>Event # 52 BOYS 20&amp;UN 800m</b>						
<b>Final</b>						
1	325 SARBJEET SINGH	325	11/07/07	JAMMU		2:18.07
2	701 ARJUN KUMAR	701		JAMMU		2:21.57
3	310 RAJVEER	310	20/12/07	JAMMU		2:21.88
4	273 KARTIK KUMAR	273	29/05/06	JAMMU		2:24.32
5	264 ISHU CHOUDHARY	264	07/09/07	JAMMU		2:27.03
	388 SURINDER KUMAR	388	11/08/05	KATHUA		DNS
	576 RANJESH	576	01/10/03	UDAMPUR		DNS
<b>Event # 53 BOYS 20&amp;UN 1500m</b>						
<b>Final</b>						
1	495 AJAY	495	13/02/07	REASI		4:30.64
2	592 SURJEET SINGH	592	07/03/06	UDAMPUR		4:31.36
3	608 SORABH SHARMA	608		UDAMPUR		4:33.90
4	633 ARUN CHAUDHARY	633		JAMMU		4:48.63
5	500 PINKU SHARMA	500	22/12/05	REASI		4:51.32
6	471 ZAHID AHMAD RATHER	471	18/02/07	PULWAMA		4:52.46
7	389 VAIBHAV DOGRA	389	11/07/07	KATHUA		5:06.13
<b>Event # 54 BOYS 20&amp;UN 5000m</b>						
<b>Final</b>						
1	587 SUNIL KUMAR	587	07/04/07	UDAMPUR		16:59.31
2	498 DEEPAK KUMAR	498	10/03/06	REASI		17:22.84
3	194 METHIN SINGH	194	10/10/03	DODA		17:32.47
4	567 MANISH SHARMA	567	25/03/08	UDAMPUR		18:22.57
5	778 SUNIL KUMAR	778		JAMMU		21:02.96
6	389 VAIBHAV DOGRA	389	11/07/07	KATHUA		25:23.47
	560 GOURAV SINGH	560	22/07/06	UDAMPUR		DNS

<b>Event # 55 BOYS 20&amp;UN 10000m</b>						
<b>Final</b>						
1	385 SHIVAM SHARMA	385		15/04/06	KATHUA	42:30.75
2	567 MANISH SHARMA	567		25/03/08	UDAMPUR	42:33.54
3	260 HIMANSHU KUMAR	260		03/02/08	JAMMU	44:18.23
<b>Event # 59 BOYS 20&amp;UN High Jump</b>						
<b>Final</b>						
1	282 MANTHAN SAINI	282		07/05/07	JAMMU	1.40m
<b>Event # 61 BOYS 20&amp;UN Long Jump</b>						
<b>Final</b>						
1	304 RAGHAV CHIB	304		19/08/07	JAMMU	6.40m
2	429 LUBAID BASHIR	429		20/04/07	KUPWARA	5.68m
3	602 RAGHAV MISHRA	602			JAMMU	5.28m
<b>Event # 62 BOYS 20&amp;UN Triple Jump</b>						
<b>Final</b>						
1	282 MANTHAN SAINI	282		07/05/07	JAMMU	12.37m
2	350 VISHAL KUMAR	350		18/02/08	JAMMU	12.20m
3	514 DIGVIJAY SINGH	514		12/09/08	SAMBA	10.83m
4	338 SUMIT SINGH KATOCH	338		22/05/08	JAMMU	9.64m
<b>Event # 63 BOYS 20&amp;UN Shot Put</b>						
<b>Final</b>						
1	234 ARYAN DEV SINGH	234		27/12/06	JAMMU	9.65m
2	510 SUMIT KUMAR	510		17/05/07	REASI	7.40m
3	335 SUDHANSHU SHARMA	335		04/09/07	JAMMU	6.80m
<b>Event # 64 BOYS 20&amp;UN Discus Throw</b>						
<b>Final</b>						
1	234 ARYAN DEV SINGH	234		27/12/06	JAMMU	12.20m
<b>Event # 66 BOYS 20&amp;UN Javelin Throw</b>						
<b>Final</b>						
1	185 ADIL ALI ZAKIR	185		24/02/07	DODA	37.16m
2	664 PINKU SHARMA	664			REASI	25.00m
<b>Event # 220 MENS 4x100m Relay</b>						
<b>Final</b>						
1	JAMMU P				JAMMU	44.70
361	361 ANKIT SHARMA	01-20-1993	200	2 FAISAL RASHID MIR	10-25-1998	
265	265 JAI KUMAR	01-07-1989	244	244 DANISH YOUSAF	04-18-1989	
2	RAJORI A				RAJORI	49.18
483	483 NIKHIL SHARMA	01-01-2008	357	3 YUVRAJ SINGH JARE	10-02-2010	
282	282 MANTHAN SAINI	05-07-2007	479	479 MADHAV SHARMA	12-01-2001	
3	KUPWARA A				KUPWARA	52.32
432	432 SHAHID RASHID	02-08-1998	424	4 DANISH BASHIR WAN	04-01-2010	
422	4 AAMIR AZIZ BHAT	04-09-1994	427	4 KAISAR AHMAD GANI	09-25-2008	
4	GANDERBAL A				GANDERBAL	52.76
	JAMMU B				JAMMU	DQ
596	5 UTTKARSH BARNWAL	11-19-2004	311	311 RAKSHAM MATTU	07-10-2006	
314	314 RAVIKANT YADAV	02-02-2004	485	485 PARTAP SINGH	10-01-2009	
<b>Event # 159 MENS 100m</b>						
<b>Final</b>						
1	200 FAISAL RASHID MIR	200		25/10/98	GANDERBAL	11.22
2	244 DANISH YOUSAF	244		18/04/89	JAMMU	11.31
3	314 RAVIKANT YADAV	314		02-02-04	JAMMU	11.35
4	596 UTTKARSH BARNWAL	596		11-19-04	UDAMPUR	11.40
5	125 ALI MUHAMMAD BEIGH	125		06/02/99	BARAMULA	13.73
6	542 SUHAIL AHMAD	542		12/05/95	SRINAGAR	13.81
	348 VARUN SHARMA	348		07/06/04	JAMMU	DNF

		361 ANKIT SHARMA	361	20/01/93	KATHUA		DQ
	<b>Round-1</b>						
	1	200 FAISAL RASHID MIR	200	25/10/98	GANDERBAL		11.38
	2	314 RAVIKANT YADAV	314	02-02-04	JAMMU		11.45
	2	244 DANISH YOUSAF	244	18/04/89	JAMMU		11.45
	4	596 UTTKARSH BARNWAL	596	11-19-04	UDAMPUR		11.58
	5	361 ANKIT SHARMA	361	20/01/93	KATHUA		12.18
	6	125 ALI MUHAMMAD BEIGH	125	06/02/99	BARAMULA		12.48
	7	542 SUHAIL AHMAD	542	12/05/95	SRINAGAR		12.61
	8	348 VARUN SHARMA	348	07/06/04	JAMMU		12.64
	9	212 AASIM	212	04/06/03	JAMMU		12.66
	10	670 AKASH SHARMA	670		KATHUA		12.76
	11	141 MOHAMMAD HAMID SHEIK	141	05/07/01	BARAMULA		13.20
	12	162 SHAKIR AHMAD BHAT	162	06/09/02	BARAMULA		13.27
	13	454 FAIZAN MAQBOOL	454	01/03/05	PULWAMA		13.30
	14	700 RAKESH SINGH	700		JAMMU		13.56
	15	187 AKHLEASH SINGH	187	09/10/25	DODA		13.63
	16	370 HARSH DOGRA	370	28/04/04	KATHUA		14.85
	17	312 RAM JEE RAINA	312	02/05/88	JAMMU		15.30
	18	216 ABHISHEK SHARMA	216	22/07/03	JAMMU		15.37
	19	102 AUBAID FAROOQ	102	01/05/96	ANANTNAG		16.59
		275 KESHAV SAINI	275	05/03/04	JAMMU		DNS
		129 ASIF ASSADULLAH	129	02/12/99	BARAMULA		DNS
		296 NITISH RAINA	296	23/08/04	JAMMU		DNS
		381 ROSHAN LAL	381	12/04/02	KATHUA		DNS
		519 VIKASH CHOUDHARY	519	11/03/02	SAMBA		DNS
		<b>Event # 160 MENS 200m</b>					
	<b>Final</b>						
	1	219 ABRAR CHOUDHARY	219	16/02/02	JAMMU		22.68
	2	244 DANISH YOUSAF	244	18/04/89	JAMMU		22.73
	3	314 RAVIKANT YADAV	314	02-02-04	JAMMU		22.97
	4	615 SAHIL KUMAR	615		JAMMU		23.55
	5	479 MADHAV SHARMA	479	01/12/01	RAJORI		24.72
	6	788 PARVIN KUMAR	788		JAMMU		25.71
	7	513 AKHILESHWAR SINGH	513	08/12/03	SAMBA		25.87
	8	662 DILIP SHARMA	662		JAMMU		25.94
	<b>Round-1</b>						
	1	314 RAVIKANT YADAV	314	02-02-04	JAMMU		23.51
	2	244 DANISH YOUSAF	244	18/04/89	JAMMU		23.52
	3	219 ABRAR CHOUDHARY	219	16/02/02	JAMMU		23.53
	4	615 SAHIL KUMAR	615		JAMMU		23.97
	5	479 MADHAV SHARMA	479	01/12/01	RAJORI		25.23
	6	788 PARVIN KUMAR	788		JAMMU		25.35
	7	513 AKHILESHWAR SINGH	513	08/12/03	SAMBA		25.86
	8	662 DILIP SHARMA	662		JAMMU		26.34
	9	387 SURESH KUMAR	387	03/03/01	KATHUA		28.47
	10	191 INDERJEET KUMAR	191	01/03/03	DODA		29.83
		353 VIVEK SHARMA	353	29/03/01	JAMMU		DNS
		103 AUBAID FAROOQ	103	01/03/96	ANANTNAG		DNS
		275 KESHAV SAINI	275	05/03/04	JAMMU		DNS
		187 AKHLEASH SINGH	187	09/10/25	DODA		DNS
		<b>Event # 161 MENS 400m</b>					
	<b>Final</b>						
	1	219 ABRAR CHOUDHARY	219	16/02/02	JAMMU		50.09
	2	360 AMIT SINGH	360	01/02/98	KATHUA		51.21
	3	708 SAHIL KUMAR	708		JAMMU		51.27
	4	479 MADHAV SHARMA	479	01/12/01	RAJORI		55.48
	5	548 AASHISH SINGH	548	27/07/03	UDAMPUR		1:02.23
	6	426 ISHFAQ AHMAD LONE	426	07/05/00	KUPWARA		1:02.82

<b>Event # 162 MENS 800m</b>						
<b>Final</b>						
1	360 AMIT SINGH	360	01/02/98	KATHUA		2:04.17
2	241 BALWINDER SINGH	241	27/05/97	JAMMU		2:04.77
3	537 BARKAT ALI	537	15/05/93	SRINAGAR		2:07.45
4	148 NAWAZ ALI MALLA	148	05/09/05	BARAMULA		2:22.77
5	394 ANEESH KUMAR BHAGAT	394	21/12/05	KISHTWAR		2:35.68
6	432 SHAHID RASHID	432	08/02/98	KUPWARA		2:43.51
	398 ASHISH KUMAR	398	12/04/01	KISHTWAR		DNS
	319 SACHIN SHARMA	319	28/02/09	JAMMU		DNS
	575 RAJIT SHARMA	575	01/01/00	UDAMPUR		DNS
<b>Event # 163 MENS 1500m</b>						
<b>Final</b>						
1	241 BALWINDER SINGH	241	27/05/97	JAMMU		4:23.62
2	537 BARKAT ALI	537	15/05/93	SRINAGAR		4:23.75
3	359 AJAY KUMAR	359	15/04/02	KATHUA		4:27.30
4	278 LIYAQUAT ALI	278	15/02/04	JAMMU		4:41.54
5	227 ANISH KUMAR	227	25/05/07	JAMMU		4:49.64
6	148 NAWAZ ALI MALLA	148	05/09/05	BARAMULA		4:49.69
7	295 NITISH MOTTAN	295	04/06/05	JAMMU		5:03.32
8	451 AADIL RASHID RESHI	451	20/03/02	PULWAMA		5:19.17
9	581 SAKSHAM PIR LANGEH	581	29/11/05	UDAMPUR		5:39.85
<b>Event # 164 MENS 5000m</b>						
<b>Final</b>						
1	368 HANS RAJ	368	30/01/93	KATHUA		16:06.11
2	558 BALVINDER SINGH	558	02/04/03	UDAMPUR		16:06.99
3	572 PANKAJ SHARMA	572	22/08/04	UDAMPUR		16:11.75
4	434 TAHIR AZIZ	434	10/08/95	KUPWARA		16:50.46
5	685 SURAJ KUMAR	685		JAMMU		16:54.17
6	116 TARIQ HUSSAIN KHAN	116	10/05/92	ANANTNAG		17:08.27
7	702 SUMIT KUMAR	702		KATHUA		17:42.41
8	589 SUNIL KUMAR	589	20/07/97	UDAMPUR		17:47.50
9	104 BILAL AHMAD KASSANA	104	06/05/03	ANANTNAG		17:54.55
10	137 JAVEED BASHIR DAR	137	05/04/98	BARAMULA		18:15.04
11	124 AADIL AHMAD NAJAR	124	02/01/99	BARAMULA		18:19.95
12	477 IRFAN AHMED	477	10/01/00	RAJORI		18:55.58
13	387 SURESH KUMAR	387	03/03/01	KATHUA		19:11.46
14	598 VIVEK SHARMA	598	20/09/03	UDAMPUR		19:11.56
15	189 BALVINDER SINGH	189	01/01/07	DODA		20:19.87
16	661 JASBIR KUMAR	661		KATHUA		20:35.01
17	375 MANIK KHAJURIA	375	10/08/02	KATHUA		20:36.20
<b>Event # 165 MENS 10000m</b>						
<b>Final</b>						
1	368 HANS RAJ	368	30/01/93	KATHUA		32:46.40
2	558 BALVINDER SINGH	558	02/04/03	UDAMPUR		32:48.85
3	572 PANKAJ SHARMA	572	22/08/04	UDAMPUR		33:47.15
4	359 AJAY KUMAR	359	15/04/02	KATHUA		34:31.36
5	123 WAJAHAT BASHIR	123	11/07/02	BANDIPORE		42:30.78
6	163 ZAHID AHMAD KHAN	163	01/10/01	BARAMULA		42:33.54
7	312 RAM JEE RAINA	312	02/05/88	JAMMU		42:51.48
<b>Event # 169 MENS High Jump</b>						
<b>Final</b>						
1	138 KAMRAAN HAMEED MALLA	138	15/07/00	BARAMULA		1.50m
2	207 UMAR FAYAZ	207	03/04/96	GANDERBAL		1.45m
3	682 AAMIR AHMED KHAN	682		KUPWARA		1.35m
	422 AAMIR AZIZ BHAT	422	09/04/94	KUPWARA		NM

<b>Event # 171 MENS Long Jump</b>						
<b>Final</b>						
1	435 AAMIR FAIZ KHAN	435	01/03/05	POONCH	6.73m	
2	314 RAVIKANT YADAV	314	02-02-04	JAMMU	6.40m	
3	265 JAI KUMAR	265	07/01/89	JAMMU	5.80m	
4	127 AQIB ALI DAR	127	08/11/04	BARAMULA	5.74m	
5	212 AASIM	212	04/06/03	JAMMU	5.45m	
6	700 RAKESH SINGH	700		JAMMU	5.40m	
7	432 SHAHID RASHID	432	08/02/98	KUPWARA	4.83m	
8	416 ISHTIYAQ UMMAR	416	10/03/04	KULGAM	4.59m	
<b>Event # 172 MENS Triple Jump</b>						
<b>Final</b>						
1	432 SHAHID RASHID	432	08/02/98	KUPWARA	12.00m	
2	305 RAGHAV CHIB..	305	19/08/07	JAMMU	11.78m	
3	328 SAVIT KUMAR	328	20/03/04	JAMMU	11.67m	
4	596 UTTKARSH BARNWAL	596	11-19-04	UDAMPUR	11.13m	
5	287 MUKESH KUMAR	287	10/15/94	JAMMU	10.50m	
6	403 NISHAT KUMAR	403	31/03/09	KISHTWAR	9.09m	
	204 PARVAIZ HAJAM	204	15/05/98	GANDERBAL	DNS	
	138 KAMRAAN HAMEED MALLA	138	15/07/00	BARAMULA	DNS	
	342 SURAJ KUMAR	342	25/01/05	JAMMU	DNS	
	283 MOHD ANWAR	283	03/02/01	JAMMU	DNS	
	201 MOHAMMAD ABBAS SHEIK	201	25/04/00	GANDERBAL	NM	
<b>Event # 173 MENS Discus Throw</b>						
<b>Final</b>						
1	281 MANPREET SINGH	281	19/09/95	JAMMU	31.30m	
2	284 MOHD AZAM	284	14/07/99	JAMMU	28.70m	
3	215 ABHISHEK PADHA	215	11/10/96	JAMMU	24.91m	
4	474 AYAZ AHMED	474	03/05/99	RAJORI	19.80m	
5	221 ADITYA DEV SINGH	221	07/12/05	JAMMU	15.86m	
	201 MOHAMMAD ABBAS SHEIK	201	25/04/00	GANDERBAL	DNS	
<b>Event # 174 MENS Hammer Throw</b>						
<b>Final</b>						
1	789 DANISH MANZOOR	789	06-26-05	GANDERBAL	19.00m	
2	790 MD ABBAS	790	04-25-00	GANDERBAL	18.83m	
3	791 AAMIR AZIZ BHAT	791	09-04-94	KUPWARA	16.00m	
4	792 PARVAIZ HAJAM	792	05-15-98	GANDERBAL	14.88m	
<b>Event # 175 MENS Javelin Throw</b>						
<b>Final</b>						
1	336 SULAKSHYA SINGH	336	18/08/05	JAMMU	53.29m	
2	204 PARVAIZ HAJAM	204	15/05/98	GANDERBAL	42.90m	
3	486 PRABJOT SINGH	486	28/02/05	RAJORI	40.70m	
4	142 MOHAMMAD IBRAHIM DAR	142	10/04/03	BARAMULA	37.00m	
5	153 RAMEEZ AHMAD MUGHAL	153	10/03/97	BARAMULA	35.15m	
6	186 ADNAN FAROOQ	186	26/09/03	DODA	33.32m	
7	474 AYAZ AHMED	474	03/05/99	RAJORI	31.40m	
8	553 ANIKET SHARMA	553	15/09/00	UDAMPUR	28.86m	
9	254 GORAV DUBEY	254	04/04/86	JAMMU	25.60m	
	530 WAQAS AHMAD MIR	530	15/02/05	SHOPIAN	NM	
	529 MUZAMIL ISHAQ	529	07/01/02	SHOPIAN	NM	
	106 MALIK SUHAIB	106	18/12/05	ANANTNAG	NM	
<b>Event # 176 MENS Shot Put</b>						
<b>Final</b>						
1	281 MANPREET SINGH	281	19/09/95	JAMMU	10.70m	
2	284 MOHD AZAM	284	14/07/99	JAMMU	10.20m	
3	215 ABHISHEK PADHA	215	11/10/96	JAMMU	9.53m	

<b>Event # 197 MENS Decathlon</b>						
<b>Final</b>						
1	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		5420
2	287 MUKESH KUMAR	287	10/15/94	JAMMU		3129
3	693 HAMID	693		DODA		2771
<b>Event # 198 MENS 100m Dec 100m</b>						
<b>Final</b>						
1	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		11.94
2	693 HAMID	693		DODA		12.89
3	458 JUNAID HAMID	458	03/15/99	PULWAMA		13.09
4	287 MUKESH KUMAR	287	10/15/94	JAMMU		13.58
5	683 LIYAKAT	683		SRINAGAR		14.09
6	660 ULFAT AHMED	660		GANDERBAL		14.39
7	324 SARBDEEP SINGH	324	12/20/04	JAMMU		14.49
8	288 MUKESH KUMAR	288	01/11/05	JAMMU		14.67
<b>Event # 199 MENS Dec Long Jump</b>						
<b>Final</b>						
1	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		6.77m
2	693 HAMID	693		DODA		5.45m
3	287 MUKESH KUMAR	287	10/15/94	JAMMU		5.40m
4	288 MUKESH KUMAR	288	01/11/05	JAMMU		4.38m
5	660 ULFAT AHMED	660		GANDERBAL		4.30m
6	324 SARBDEEP SINGH	324	12/20/04	JAMMU		4.15m
7	458 JUNAID HAMID	458	03/15/99	PULWAMA		3.50m
<b>Event # 200 MENS Dec Shot Put</b>						
<b>Final</b>						
1	458 JUNAID HAMID	458	03/15/99	PULWAMA		10.63m
2	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		10.10m
3	287 MUKESH KUMAR	287	10/15/94	JAMMU		7.32m
4	324 SARBDEEP SINGH	324	12/20/04	JAMMU		6.65m
5	693 HAMID	693		DODA		6.00m
6	288 MUKESH KUMAR	288	01/11/05	JAMMU		5.82m
7	660 ULFAT AHMED	660		GANDERBAL		5.46m
<b>Event # 201 MENS Dec High Jump</b>						
<b>Final</b>						
1	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		1.70m
2	287 MUKESH KUMAR	287	10/15/94	JAMMU		1.35m
3	693 HAMID	693		DODA		1.22m
	324 SARBDEEP SINGH	324	12/20/04	JAMMU		DNS
	458 JUNAID HAMID	458	03/15/99	PULWAMA		NM
	660 ULFAT AHMED	660		GANDERBAL		NM
	288 MUKESH KUMAR	288	01/11/05	JAMMU		NM
<b>Event # 202 MENS 400m Dec 400m</b>						
<b>Final</b>						
1	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		53.86
2	287 MUKESH KUMAR	287	10/15/94	JAMMU		58.51
3	693 HAMID	693		DODA		59.08
<b>Event # 203 MENS 110m Dec 110 Hurdles</b>						
<b>Final</b>						
1	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		16.89
2	287 MUKESH KUMAR	287	10/15/94	JAMMU		23.22
	693 HAMID	693		DODA		DNF

<b>Event # 204 MENS Dec Discus Th</b>						
<b>Final</b>						
1	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		32.56m
2	458 JUNAID HAMID	458	03/15/99	PULWAMA		29.07m
3	287 MUKESH KUMAR	287	10/15/94	JAMMU		21.38m
4	324 SARBDEEP SINGH	324	12/20/04	JAMMU		20.42m
5	693 HAMID	693		DODA		15.15m
6	288 MUKESH KUMAR	288	01/11/05	JAMMU		14.83m
7	660 ULFAT AHMED	660		GANDERBAL		13.55m
<b>Event # 205 MENS Dec Pole Vault</b>						
<b>Final</b>						
	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		NM
	693 HAMID	693		DODA		NM
	287 MUKESH KUMAR	287	10/15/94	JAMMU		NM
<b>Event # 206 MENS Dec Javelin T</b>						
<b>Final</b>						
1	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		45.30m
2	693 HAMID	693		DODA		28.64m
3	287 MUKESH KUMAR	287	10/15/94	JAMMU		26.17m
<b>Event # 207 MENS 1500m Dec 1500</b>						
<b>Final</b>						
1	316 RITIK SINGH SALATHIA	316	11/12/01	JAMMU		4:45.48
2	287 MUKESH KUMAR	287	10/15/94	JAMMU		5:04.23
3	693 HAMID	693		DODA		5:18.90
<b>Event # 79 GIRLS 14&amp;UN Triathlon A</b>						
<b>Final</b>						
1	473 AIZA FATIMA	473	16/03/12	RAJORI		898
	255 GOURI SALARIA	255	01/03/13	JAMMU		DNS
<b>Event # 80 GIRLS 14&amp;UN 60m IGTA 60m</b>						
<b>Final</b>						
1	473 AIZA FATIMA	473	16/03/12	RAJORI		12.58
	255 GOURI SALARIA	255	01/03/13	JAMMU		DNS
<b>Event # 81 GIRLS 14&amp;UN IGTA LJ</b>						
<b>Final</b>						
1	473 AIZA FATIMA	473	16/03/12	RAJORI		2.95m
	255 GOURI SALARIA	255	01/03/13	JAMMU		DNS
<b>Event # 82 GIRLS 14&amp;UN IGTA HJ</b>						
<b>Final</b>						
1	473 AIZA FATIMA	473	16/03/12	RAJORI		1.00m
	255 GOURI SALARIA	255	01/03/13	JAMMU		DNS
<b>Event # 83 GIRLS 14&amp;UN Triathlon B</b>						
<b>Final</b>						
1	547 AARYA SHARMA	547	19/02/13	UDAMPUR		1681
2	246 DEEWANSHI THAKUR	246	17/11/12	JAMMU		1252
3	269 JYOTI PAL	269	13/01/13	JAMMU		1154
<b>Event # 84 GIRLS 14&amp;UN 60m IGTA 60m</b>						
<b>Final</b>						
1	547 AARYA SHARMA	547	19/02/13	UDAMPUR		10.43
2	246 DEEWANSHI THAKUR	246	17/11/12	JAMMU		10.74
3	269 JYOTI PAL	269	13/01/13	JAMMU		11.83
	401 KOMAL BHAGAT	401	10/10/12	KISHTWAR		DNS
	393 AKSHITA ARYAN	393	14/03/13	KISHTWAR		DNS
	272 KARMAN KOUR	272	28/09/12	JAMMU		DNS

<b>Event # 85 GIRLS 14&amp;UN IGTB LJ</b>						
<b>Final</b>						
1	547 AARYA SHARMA	547	19/02/13	UDAMPUR		3.76m
2	269 JYOTI PAL	269	13/01/13	JAMMU		2.95m
3	246 DEEWANSHI THAKUR	246	17/11/12	JAMMU		2.90m
<b>Event # 86 GIRLS 14&amp;UN IGTB SP</b>						
<b>Final</b>						
1	269 JYOTI PAL	269	13/01/13	JAMMU		7.66m
2	246 DEEWANSHI THAKUR	246	17/11/12	JAMMU		7.35m
3	547 AARYA SHARMA	547	19/02/13	UDAMPUR		7.07m
<b>Event # 87 GIRLS 14&amp;UN Triathlon C</b>						
<b>Final</b>						
1	680 ADITI SHARMA	680		JAMMU		1712
1	298 NITYA GUPTA	298	20/07/14	JAMMU		1712
2	546 AAIRA	546	17/11/12	UDAMPUR		1530
3	585 SUNAKSHI THAKUR	585	16/10/12	UDAMPUR		1312
4	677 DHURVI CHAUDHARY	677		JAMMU		195
<b>Event # 88 GIRLS 14&amp;UN 60m IGTC 60m</b>						
<b>Final</b>						
1	298 NITYA GUPTA	298	20/07/14	JAMMU		9.88
2	680 ADITI SHARMA	680		JAMMU		10.07
3	546 AAIRA	546	17/11/12	UDAMPUR		10.44
4	270 KAIRA PANDOH	270	25/02/15	JAMMU		10.69
5	585 SUNAKSHI THAKUR	585	16/10/12	UDAMPUR		10.71
6	677 DHURVI CHAUDHARY	677		JAMMU		10.78
7	134 FIZA PARVAIZ	134	05/09/13	BARAMULA		12.27
	239 AVRIL BHAGAT	239	28/03/12	JAMMU		DNS
	230 ARCHANA SHARMA	230	08/01/12	JAMMU		DNS
	580 SAATVI SHARMA	580	22/12/11	UDAMPUR		DNS
<b>Event # 89 GIRLS 14&amp;UN IGTC LJ</b>						
<b>Final</b>						
1	680 ADITI SHARMA	680		JAMMU		3.90m
2	298 NITYA GUPTA	298	20/07/14	JAMMU		3.88m
3	585 SUNAKSHI THAKUR	585	16/10/12	UDAMPUR		3.80m
4	546 AAIRA	546	17/11/12	UDAMPUR		3.67m
5	270 KAIRA PANDOH	270	25/02/15	JAMMU		3.15m
6	134 FIZA PARVAIZ	134	05/09/13	BARAMULA		2.60m
<b>Event # 90 GIRLS 14&amp;UN 600m IGTC 600</b>						
<b>Final</b>						
1	546 AAIRA	546	17/11/12	UDAMPUR		2:19.64
2	680 ADITI SHARMA	680		JAMMU		2:19.65
3	298 NITYA GUPTA	298	20/07/14	JAMMU		2:22.50
4	585 SUNAKSHI THAKUR	585	16/10/12	UDAMPUR		3:02.69
<b>Event # 93 GIRLS 16&amp;UN 100m</b>						
<b>Final</b>						
1	294 NISHTA SHARMA	294	09/03/10	JAMMU		14.62
2	108 OMISA JAN	108	04/01/11	ANANTNAG		15.79
3	559 BANSIKA KATOCH	559	23/01/10	UDAMPUR		16.10
4	113 SHAH MADEEHA	113	10/10/11	ANANTNAG		16.39
5	428 KASHAF SHABIR	428	14/07/10	KUPWARA		17.17
6	317 MANAK DEEP	317	04/10/25	JAMMU		20.09
	413 ABIROO AIJAZ	413	10/06/10	KULGAM		DNS

<b>Event # 94 GIRLS 16&amp;UN 600m</b>						
<b>Final</b>						
1	294 NISHTA SHARMA	294	09/03/10	JAMMU		1:52.60
2	404 RADHIKA GUPTA	404	01/01/11	KISHTWAR		1:55.50
3	400 JANVI PARIHAR	400	08/11/10	KISHTWAR		2:15.63
4	126 ANISH KHURSHEED BHAT	126	06/05/10	BARAMULA		2:38.91
5	507 SHIVALI RAJPUT	507	02/07/10	REASI		2:55.15
6	280 MANNAT	280	12/07/11	JAMMU		2:56.60
7	428 KASHAF SHABIR	428	14/07/10	KUPWARA		2:56.78
<b>Event # 96 GIRLS 16&amp;UN High Jump</b>						
<b>Final</b>						
1	249 DIVYANSHI MAHANT	249	01/05/11	JAMMU		1.15m
2	280 MANNAT	280	12/07/11	JAMMU		1.10m
<b>Event # 97 GIRLS 16&amp;UN Long Jump</b>						
<b>Final</b>						
1	280 MANNAT	280	12/07/11	JAMMU		3.45m
<b>Event # 98 GIRLS 16&amp;UN Shot Put</b>						
<b>Final</b>						
1	220 ADEENA BATOOL	220	13/04/11	JAMMU		6.80m
2	582 SHIVANYA	582	07/07/10	UDAMPUR		5.93m
3	400 JANVI PARIHAR	400	08/11/10	KISHTWAR		5.56m
4	230 ARCHANA SHARMA	230	08/01/12	JAMMU		5.54m
5	406 SANDHYA SHARMA	406	11/10/10	KISHTWAR		5.48m
6	101 AISHA HASSAN	101	16/10/10	ANANTNAG		5.43m
7	321 SAKSHI	321	11/01/11	JAMMU		5.26m
8	279 MANAKDEEP	279	04/10/11	JAMMU		5.06m
9	239 AVRIL BHAGAT	239	28/03/12	JAMMU		5.01m
10	404 RADHIKA GUPTA	404	01/01/11	KISHTWAR		4.89m
<b>Event # 99 GIRLS 16&amp;UN Javelin Throw</b>						
<b>Final</b>						
1	253 GAZALPREET KOUR	253	14/12/10	JAMMU		13.10m
2	400 JANVI PARIHAR	400	08/11/10	KISHTWAR		7.86m
3	279 MANAKDEEP	279	04/10/11	JAMMU		6.32m
<b>Event # 107 GIRLS 18&amp;UN 100m</b>						
<b>Final</b>						
1	515 JHANVI SHARMA	515	03/02/08	SAMBA		13.67
2	161 SHAISTA SHAFI	161	01/04/08	BARAMULA		19.58
3	132 BAZILA AKBAR	132	26/12/08	BARAMULA		20.56
<b>Event # 109 GIRLS 18&amp;UN 200m</b>						
<b>Final</b>						
1	515 JHANVI SHARMA	515	03/02/08	SAMBA		28.82
<b>Event # 110 GIRLS 18&amp;UN 400m</b>						
<b>Final</b>						
1	699 SARIKA SHARMA	699		UDAMPUR		1:21.50
2	578 RONAK MAHAJAN	578	22/06/09	UDAMPUR		1:32.88
	136 ISHRAT JAN	136	01/01/09	BARAMULA		DNS
<b>Event # 217 GIRLS 18&amp;UN 800m</b>						
<b>Final</b>						
1	577 REKHA DEVI	577	04/04/09	UDAMPUR		3:16.03
2	509 SONALI SHARMA	509	14/09/08	REASI		3:22.77
3	524 HADIYA MUSHTAQ	524	15/12/07	SHOPIAN		4:10.81

<b>Event # 111 GIRLS 18&amp;UN 1000m</b>						
<b>Final</b>						
1	689 AKSHARA SHARMA	689		JAMMU		4:19.28
	509 SONALI SHARMA	509	14/09/08	REASI		DNS
<b>Event # 113 GIRLS 18&amp;UN High Jump</b>						
<b>Final</b>						
1	302 PAYAL	302	09/12/08	JAMMU		1.00m
<b>Event # 114 GIRLS 18&amp;UN Long Jump</b>						
<b>Final</b>						
1	689 AKSHARA SHARMA	689		JAMMU		3.80m
2	383 SEHAJ SHARMA	383	07/08/09	KATHUA		3.11m
3	671 UFFAQ ANJUM		— / — / —	ANANTNAG		2.20m
<b>Event # 115 GIRLS 18&amp;UN Shot Put</b>						
<b>Final</b>						
1	226 AKSHITA VERMA	226	25/04/08	JAMMU		9.56m
2	332 SIMANPREET KOUR	332	29/01/08	JAMMU		8.09m
3	583 SHREYA	583	20/12/09	UDAMPUR		7.18m
4	210 AAKRITI SINGH	210	05/08/09	JAMMU		6.40m
5	299 PALLVI NANDAN	299	17/02/07	JAMMU		5.89m
<b>Event # 116 GIRLS 18&amp;UN Discus Throw</b>						
<b>Final</b>						
1	697 SIMANPREET KAUR	697		JAMMU		17.80m
2	210 AAKRITI SINGH	210	05/08/09	JAMMU		13.25m
3	371 HIMAKSHI ANDOTRA	371	08/02/09	KATHUA		9.97m
4	299 PALLVI NANDAN	299	17/02/07	JAMMU		6.78m
<b>Event # 117 GIRLS 18&amp;UN Javelin Throw</b>						
<b>Final</b>						
1	136 ISHRAT JAN	136	01/01/09	BARAMULA		10.96m
<b>Event # 128 GIRLS 20&amp;UN 100m</b>						
<b>Final</b>						
1	256 GULNAZ KOUR AULAKH	256	07/01/07	JAMMU		15.24
2	326 SARISH AZIZ	326	19/03/07	JAMMU		16.86
3	694 SAIKA NASREEN	694		POONCH		19.86
	303 PURVA JASROTIA	303	17/11/06	JAMMU		DNS
<b>Event # 130 GIRLS 20&amp;UN 200m</b>						
<b>Final</b>						
1	505 SAKSHI THAKUR	505	02/08/06	REASI		29.47
2	694 SAIKA NASREEN	694		POONCH		44.41
	333 SNEHA	333	04/04/25	JAMMU		DNS
	121 MUSKAN FAROOQ	121	02/02/06	BANDIPORE		DNS
<b>Event # 131 GIRLS 20&amp;UN 400m</b>						
<b>Final</b>						
1	505 SAKSHI THAKUR	505	02/08/06	REASI		1:06.04
2	337 SUMAN RAJPUT	337	16/02/07	JAMMU		1:25.71
3	448 SADAF SAFEER	448	06/06/07	POONCH		1:54.57
	139 MASARAT MOHAMMAD	139	06/05/07	BARAMULA		DNS
<b>Event # 132 GIRLS 20&amp;UN 800m</b>						
<b>Final</b>						
1	496 ANJALI RAJPUT	496	12/09/06	REASI		3:05.30
2	337 SUMAN RAJPUT	337	16/02/07	JAMMU		3:51.47
	503 RUKSAR BEGUM	503	12/07/06	REASI		DNS

<b>Event # 133 GIRLS 20&amp;UN 1500m</b>						
<b>Final</b>						
1	496 ANJALI RAJPUT	496	12/09/06	REASI		7:48.11
	490 ZAROON KOUSER	490	03/03/06	RAJORI		DNS
	579 RUKMANI	579	10/09/07	UDAMPUR		DNS
<b>Event # 134 GIRLS 20&amp;UN 3000m</b>						
<b>Final</b>						
1	564 KRITI DEVI	564	12/12/07	UDAMPUR		12:57.96
<b>Event # 141 GIRLS 20&amp;UN Long Jump</b>						
<b>Final</b>						
1	564 KRITI DEVI	564	12/12/07	UDAMPUR		4.35m
2	694 SAIKA NASREEN	694		POONCH		3.41m
3	245 DEEPIKA KISHORE	245	31/10/07	JAMMU		3.20m
<b>Event # 142 GIRLS 20&amp;UN Triple Jump</b>						
<b>Final</b>						
	448 SADAF SAFEER	448	06/06/07	POONCH		NM
<b>Event # 143 GIRLS 20&amp;UN Shot Put</b>						
<b>Final</b>						
	569 MANJU DEVI	569	30/09/09	UDAMPUR		DNS
<b>Event # 144 GIRLS 20&amp;UN Discus Throw</b>						
<b>Final</b>						
1	448 SADAF SAFEER	448	06/06/07	POONCH		10.60m
<b>Event # 178 WOMENS 100m</b>						
<b>Final</b>						
1	710 RAMA SHARMA	710		JAMMU		14.16
2	457 GOUSIA GULZAR	457	23/03/97	PULWAMA		17.87
	330 SHREEJA SLATHIA	330	11/05/89	JAMMU		DNS
<b>Event # 179 WOMENS 200m</b>						
<b>Final</b>						
1	499 FANJA DEVI	499	02/01/03	REASI		26.23
2	619 MUSKAN	619		JAMMU		34.56
<b>Event # 180 WOMENS 400m</b>						
<b>Final</b>						
1	499 FANJA DEVI	499	02/01/03	REASI		58.54
<b>Event # 181 WOMENS 800m</b>						
<b>Final</b>						
1	506 SHAMSHAD BANO	506	04/01/98	REASI		2:58.72
<b>Event # 182 WOMENS 1500m</b>						
<b>Final</b>						
1	506 SHAMSHAD BANO	506	04/01/98	REASI		5:53.79
<b>Event # 192 WOMENS Discus Throw</b>						
<b>Final</b>						
1	411 SUPRIYA DEVI	411	01/01/02	KISHTWAR		25.35m
2	322 SAMREEN KOUR	322	30/11/02	JAMMU		19.90m
3	457 GOUSIA GULZAR	457	23/03/97	PULWAMA		16.20m
<b>Event # 195 WOMENS Shot Put</b>						
<b>Final</b>						
1	322 SAMREEN KOUR	322	30/11/02	JAMMU		9.64m